



BADEN-BADEN
The good-good life.



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How do you say
»vitality«
in German?



The place for health.

BADEN-BADEN
The good-good life.

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The **miracle** of Baden-Baden.

“SANUS PER AQUAM”, called out one Roman to another 2,000 years ago: “Health through water!” Both were soldiers on a mission in the region of Baden-Baden. “Mens sana in corpore sano,” called out the other in reply – “Healthy body, healthy mind.”

But why was it they called out to one another in this place in particular? Because they’d just discovered the thermal springs and had built Baden-Baden’s first baths. This is how they put that miraculous medicinal water to work – the very same water that has since benefitted every visitor to the city. In Baden-Baden, more than 800,000 litres of thermal water gush out of the ground every day, with temperatures of as much as 68°C. On a 2,000-metre journey from the depths of the earth to the surface, the water collects various minerals: sodium, chloride, fluoride, lithium, silicic acid and boron. These are the substances which lend it healing properties. Whether you wish to treat heart or circulatory problems, metabolic disorders or respiratory diseases: the healing power of Baden-Baden’s springs promotes well-being and recovery.

But what would a city be if it possessed wonderful sparkling springs, but no sparkling life? What good is a health resort that caters for the needs of the body, but offers the mind only refined boredom? Fortunately, this description is not in the least applicable to Baden-Baden. What was true 2,000 years ago will always be true:

BODY AND MIND ARE INEXTRICABLY LINKED, and for this reason, Baden-Baden is a city that prizes and nourishes both.

*“Tradition and
modernity go
hand-in-hand here.”*

Claus M. and Lana R. from Frankfurt



Here, you’ll bear witness to your body’s powers of regeneration. From high-tech medicine to naturopathic healing, from targeted diagnostics to comprehensive therapy, from highly effective treatments to the most diverse opportunities for wellness, beauty and sports – Baden-Baden offers everything, absolutely everything, to enhance your physical well-being.

Every minute of every day, you’ll find your mind flooded with impressions both rich and exceptional: this starts the moment you awake in good spirits and catch a first glimpse of the park bathed in sunlight; from the inspiring museum visit, where you can contemplate past, present and future masterpieces, to the concert in the evening, which sends shivers down your spine. Laugh at the cabaret, weep at Schubert’s Unfinished Symphony, thrill your taste buds in the gourmet restaurant, ponder Picasso’s perspective, drink in the scent of the blossoms in the Rose Society Garden, look down at the city from the Merkur mountain and know with certainty:

YES, I FEEL GOOD HERE.

Baden-Baden has always been a remarkable place. Here in the 21st century, its air of cultured sophistication harmonises well with the lifestyle trends of our times, encompassing innovative hotel concepts, vegan delicacies, interactive art events – as well as world-class shopping, sports and gaming experiences. Baden-Baden has reinvented itself while retaining its credo: the very best for everyone. Increasing numbers of international guests have come to appreciate this and flock here. That’s why we like to call Baden-Baden “Europe’s lifestyle capital”.





Sanus per aquam.

Three letters: SPA – short for the Latin motto that translates into English as “health through water”. In Baden-Baden you’ll find an especially remarkable kind of SPA: the thermal water here springs from sources deep beneath the town’s celebrated “Florentinerberg”. In total, there are twelve individual artesian springs located roughly 2,000 metres underground. Due to the pressure of the earth’s mass, the waters have a temperature of between 56°C and 68.8°C by the time they reach the surface. Baden-Baden’s springs produce the hottest and most mineral-rich water in all of Baden-Wuerttemberg. The sources themselves are estimated to be between 12,000 and 17,000 years old and yield around 800,000 litres of thermal water daily.

Baden-Baden’s waters are used for drinking, inhalation and bathing therapies – the thermal therapy pool is particularly beneficial. At the city’s two thermal baths –

the modern Caracalla Spa and the historic Friedrichsbad

– you can experience the waters’ wide range of applications. The Friedrichsbad lets you soak up classic Roman bath culture combined with Irish steam baths in a special healing circuit encompassing 17 different stations. The varying temperatures and the valuable thermal water used in the different types of baths have a beneficial effect on both body and mind. The Caracalla Spa, boasting nearly 1,000 square metres of water surface area – including an outdoor pool open year-round – is a modern thermal water-park.



Baden-Baden is, of course, near the Black Forest and not by the sea. But this doesn’t mean you have to go without the benefits that come from combining algae and marine ingredients with thermal springs. On the contrary: only in Baden-Baden can you find the Thalasso Thermal Treatment and experience its incomparable effects. Incidentally, you can visit the North Sea 40 times or visit the Salina Sea Salt Grotto in Baden-Baden just once: the salinity of the air in the grotto is 40 times that of the air at the North Sea. Okay, this may sound somewhat boastful, but consider that, thanks to special generators, the mixture of Dead Sea Salt and Himalayan Salt penetrates into the deepest regions of the lungs as nanoparticles and has a truly fantastic effect on the respiratory system.

Baden-Baden is a certified health spa, acclaimed for the quality of its drinking water.



“I put all my strength into your muscles.”

Andrea B., medical bath attendant in Baden-Baden



Medicine: state-of-the art with a heart.

Naturally, the clinics and medical spas of Baden-Baden are equipped with all the latest technology. The term 'high-tech medicine' easily springs to mind – and technology is indeed an essential aid to diagnosis and treatment – but it's important to stress that the most sophisticated cutting-edge technology would be worth nothing if it weren't handled by the most extensively trained, people-oriented professionals in the entire health sector. As we've already said: for us, health is a matter of body AND mind. As a patient, you should feel well taken care of and understood. In Baden-Baden, being "properly treated" has a long tradition. Whether we use conventional medical methods or recognised natural therapies, the well-being of the whole person is at the forefront of everything we do.

Step one: Diagnosis.

As the very first step, the diagnostic process is uniquely tailored to each individual: assessing the patient's body, mind and spirit, medical specialists identify any ailments and develop personalised health programs and courses of therapy. Baden-Baden's spa physicians are well-versed in the full range of spa-specific remedies and put together individual courses of treatment.

Step two: Check-up

You think you really should... or maybe do less of... or perhaps have a healthier...? A check-up is just the thing for you if you work hard, rarely find time for exercise and achieving inner balance, and have the vague feeling that you should be doing something differently. Medical specialists will examine you thoroughly and draw up the ideal relaxation, workout and nutrition program for you.

Step three: Treatment

Almost every illness can be treated in Baden-Baden's clinics. Rely on the medical expertise of people who work in a city that's made health its highest priority.

Step four: Rehabilitation

After an illness or a surgery, it's important to get back on your feet. Employing primary and follow-up rehabilitative measures, specially trained physicians develop the right course of therapy for you. Whatever this may be, we're quite certain that nature, along with Baden-Baden's hospitality and high quality of life, will do their fair share to speed your recovery.



"It's actually quite simple: I treat people the way I'd like to be treated myself."

Dr. Franz W., medical specialist in Baden-Baden



Tank up on **downtime.**

At home, is your every wish met without you having to utter a single word? Is breakfast in bed simply a matter of course? Can you lie by the pool while gazing across a scenic park? Do you stroll amongst roses and dahlias, villas and palaces? Really? Well, if that's the case, just stay at home! If not: let us welcome you to Baden-Baden.

There are many reasons to visit Baden-Baden – first and foremost, you need a break! A break from everyday life, a break from the stress: get back to your centre,

get in touch with your body, listen to the voice of your spirit.

Do you know what would do them both a world of good? Plenty of unspoilt nature, a slow-paced city, lots of rest, and some exercise. Delightful impressions, delicious food for the senses, enjoyable experiences, heavenly idleness! Baden-Baden is home to Germany's largest municipal forest; panoramic trails, green hills, rugged crags, sunny glades and shady trees are just waiting for you: Nordic walking and gentle walks will awaken your inner strength. The almost jungle-like nearby Black Forest is substantially bigger and lends itself to hiking, climbing and mountain biking. You'd rather fly than walk? No problem: paraglide over the city from the nearby Merkur mountain or take a hot-air balloon from the Black Forest to the Vosges Mountains. But wait: don't overdo it. It's perfectly fine to just ride in a horse-drawn carriage along Lichtentaler Allee and then go straight back to your thickly padded lounge on the lawn of the Grand Hotel. Someone will fetch you something to read and a refreshing drink. We promise.



*“I can't say anything
right now except:
you get the point”*
Madeleine von B. from Munich





Relaxation **and** stimulation.

“Change is always sweet” – Euripides already knew this back in his day, despite never having set foot in Baden-Baden. For it’s here – only here, we’re tempted to say – that you will find such a soothing mixture of relaxation and stimulation. A mixture guaranteed by the interplay of big and small, uplifting and calming, traditional and contemporary, fast and slow – unique to Baden-Baden.

The roulette ball in the casino races, as does with your pulse. In the “Gönneranlage”, the rose is a rose is a rose, as Gertrude Stein once wrote, and you feel time standing still. The international scene promenades through the colonnades, and around the corner the proprietor of the restaurant, a native of Baden-Baden, sets the tables for lunch. The ball at the Kurhaus is roaring; the moment in front of a Gerhard Richter painting in Museum Frieder Burda, quite contemplative.

And the best part of it all? ***You’ll rediscover yourself.***

Open up your senses, and Baden-Baden rewards you generously. The Festival Hall Baden-Baden has breathtaking acoustics and the best artists play here – for you. The casino in the Kurhaus is the social centre of the city. Lined up like pearls on

Lichtentaler Allee, you’ll find the historic “Trinkhalle”, the Kurhaus, the neo-baroque theatre, the Culture House LA8, the “Staatliche Kunsthalle”, the Baden-Baden City History Museum, Museum Frieder Burda, built by the New York architect Richard Meier. So much inspiration, so many possibilities... you can find some peace at the end of the avenue in the 760-year-old Cistercian Abbey, Kloster Lichtenthal. But that’s not the last stop on the itinerary! There’s still the SWR3 New Pop Festival, exciting literary evenings, brilliant stage shows, theatre performances, dance galas, balls and... if just reading this already makes you dizzy, all we can say is that reading about it doesn’t come close to living it. Come for three weeks, take it easy, try one thing at a time, take plenty of breaks and

just enjoy yourself.



***“Culture knows
no bounds!”***

Laure de V. from Paris and
Karl-Ludwig R. from Paderborn



Moving moments.

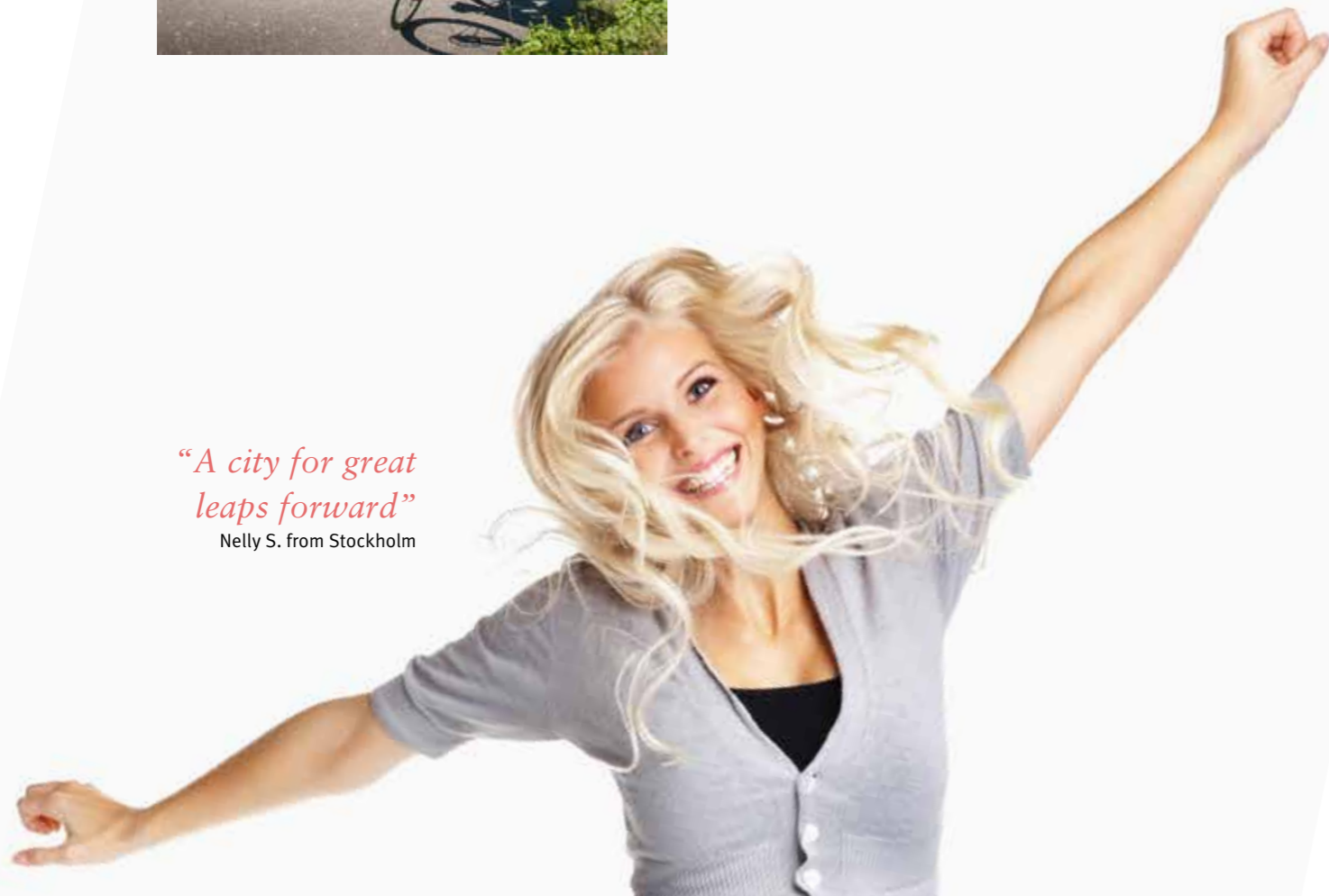
Your horse came in first! You hit a hole in one! You conquered the mountain! Golf, horse racing and mountain biking brought you these “moving moments” – and there’s no doubt that plenty of movement is good for you. Seven golf courses designed by outstanding golf architects, with the most beautiful views and the most exciting hazards make Baden-Baden a golfer’s first choice. The race meeting takes place three times a year on Baden-Baden’s famed track – the Grand Prix of Baden-Baden has been a social and sporting highlight since 1858. Mountains and hills, idyllic winding roads through the Black Forest and the wine country – all these make the heart of every mountain biker beat faster – especially going uphill. Tennis, horseback riding, hot air ballooning – here that means riding with the largest hot air balloon fleet in Europe – and many, many other kinds of sports are waiting for you. Whether solo or team sport, whether it’s about winning or just about taking part: Baden-Baden should put a smile on your face. Exercise is healthy.



And having fun feels good.

“A city for great leaps forward”

Nelly S. from Stockholm





A complete **realignment.**

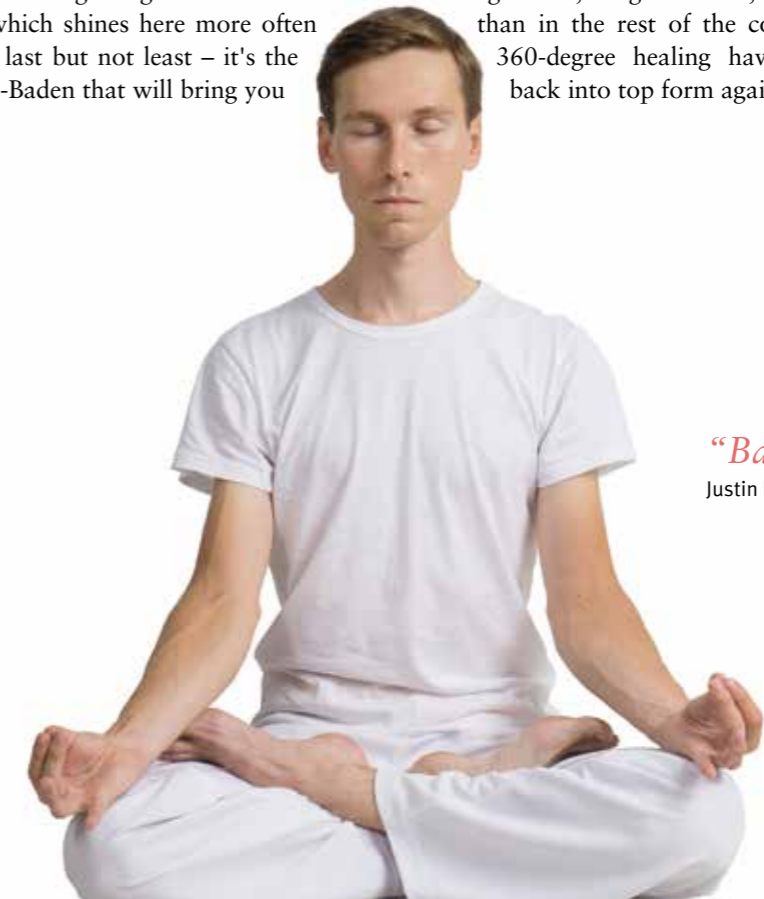
How often do our body and mind get bent out of shape? Life can be so exhausting: professional demands, everyday demands – the hectic pace, the perpetual input. Our bodies and minds react to this: stress consumes our energy, weakens the body’s defences and inhibits the growth of hormones. Baden-Baden brings you back into balance, lets you stand tall, re-establishes the harmony between body and mind. Our city’s health centres offer a variety of special programs for your own individual time-out, for your recuperation and the period afterwards: autogenic training and yoga introduce you to relaxation techniques you can integrate into your everyday life back home. Exercise therapies and thermal water treatments release tension and allow you to rediscover your body, while counselling therapies bring body, mind and spirit back into perfect equilibrium.



Fango, foot reflexology and fitness

A friendly female therapist covers you in a layer of mud as thick as a finger. An equally friendly male therapist massages your feet. You find yourself embracing fitness: under expert guidance in the gym you push the limits of your flexibility, strength and endurance. What do these activities have in common? They’re reminders that your body has immense self-healing powers – and we activate these powers in Baden-Baden with all the means at our disposal.

Fango, or to be precise , the special natural fango we use here, contains a particularly high concentration of minerals and sulphur. The body’s toxins are sucked up and out of your body, your circulation is boosted, cholesterol levels lowered and infections inhibited. Foot reflexology relieves pain throughout the body, activates organs or relaxes them, stimulates your circulation, and gets your energy flowing – it’s said that the sole of the foot is the key to the body. Muscles, performance level, relaxed nerves, better physical condition, greater resilience – everything can be improved through targeted exercises. It’s the good air, the good water, it’s the sun, which shines here more often than in the rest of the country and – last but not least – it’s the 360-degree healing haven of Baden-Baden that will bring you back into top form again!



“Baden-Baden: Om.”

Justin B.-S. from New York



CTS CLINIC KORBMAFFELSENHOF
 DR. FRANZ DENGLE CLINIC
 MAX GRUNDIG CLINIC
 REHABILITATION CLINIC HÖHENBLICK
 KLINIKUM MITTELBADEN
 MEDICLIN REHA CENTRE
 BRENNERS MEDICAL CARE

	CTS CLINIC KORBMAFFELSENHOF	DR. FRANZ DENGLE CLINIC	MAX GRUNDIG CLINIC	REHABILITATION CLINIC HÖHENBLICK	KLINIKUM MITTELBADEN	MEDICLIN REHA CENTRE	BRENNERS MEDICAL CARE
PREVENTATIVE CARE							
Basic and supplementary check-ups			•		•	•	•
Cardiovascular check-up	•	•	•		•	•	•
Orthopaedic check-up		•	•		•		
Neurological check-up						•	
Examination of the blood vessels in the neck, cerebral perfusion and performance						•	
Stress management	•	•	•				•
REHABILITATION							
Internal diseases	•	•	•			•	•
Cardiovascular disorders	•	•	•			•	•
Nutrition and metabolic diseases		•	•			•	•
Diseases of the respiratory organs			•				•
Rheumatic diseases		•	•	•		•	•
Degenerative diseases of the spine and joints		•	•	•		•	•
Accident and injury after-effects		•	•	•		•	•
Orthopaedic diseases		•	•	•		•	•
Psychosomatic disorders		•	•				•
Chronic pain diseases		•	•	•			•
THERAPIES (SELECTION)							
Medical baths	•	•		•			•
Therapy pool	•	•	•	•		•	•
Natural fango				•			•
Ascend moor mud packs		•					
Massages	•	•	•	•		•	•
Foot reflexology massage		•	•			•	•
Physiotherapy	•	•	•	•	•	•	•
Medical gymnastics	•	•	•	•		•	•
Balneo-physical therapy	•	•	•	•		•	•
Medical training therapy (MTT)	•	•	•	•		•	•
Sports therapy	•	•	•	•		•	•
Cryotherapy		•	•	•		•	•
Ergotherapy	•	•	•	•		•	
Tai chi and qi gong		•					
Autogenic training (AT)		•	•	•		•	•
Design therapy		•	•				
Psychological therapy/counselling		•	•	•		•	•
Relaxation therapy	•	•	•	•		•	•
Nutritional therapy/counselling	•	•	•	•		•	•
Electrotherapy		•		•		•	
Oral implantology (teeth)							•
Periodontology							•
Endodontology							•
Cosmetic dentistry							•
Oral surgery							•
Acupuncture		•					•
Breathing therapy		•	•			•	•
Qi gong		•	•	•			





cts Clinic Korbmattfelsenhof

**SPECIALIST CLINIC FOR CARDIOLOGICAL REHABILITATION,
POST-HOSPITAL CONVALESCENCE/REHAB AND
CAREGIVER REHABILITATION**

cts Clinic Korbmattfelsenhof has a provider agreement for cardiology care with Germany's public health insurance scheme. We deliver post-hospital convalescence and rehabilitation after successful cardiac surgery – across the entire spectrum of cardiological conditions. Rehabilitation follows established clinical pathways, providing all our patients with a consistently high level of diagnostic monitoring and evidence-based therapeutic treatments, as well as seminars. A particularly important aspect for us is the support of our patients with a psycho-cardiological complementary care programme. The clinic offers the full range of diagnostic options for non-invasive cardiology, including pacemaker and ICD check-ups, stress echocardiography and spiroergometry. Cardiovascular conditions are often accompanied by other related disorders – for the treatment of which our clinic has comprehensive facilities. Working together closely with our patients, our goal is to achieve a complete reversal of all behavioural symptoms, with medium- and long-term efficacy. Improving patients' quality of life is central to our rehabilitation goals.

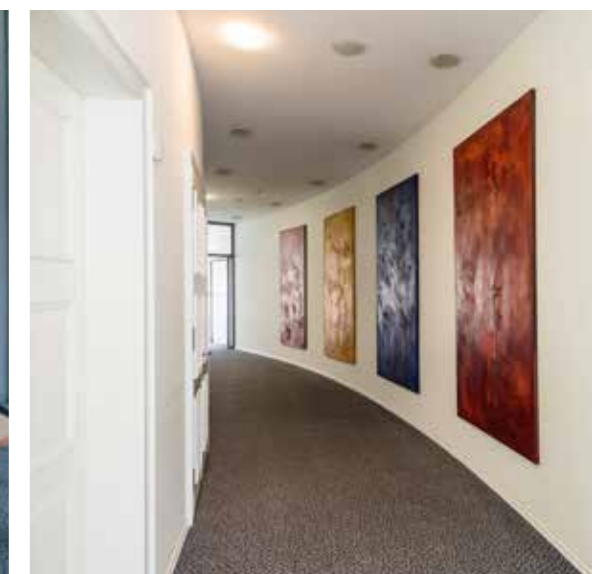
Our "Rehabilitation for caregivers" program is designed to offer timely relief and assistance to patients' loved ones. Be it physical health which needs to be preserved, or nerves that are stretched to their limit, we provide you – the caregiver – with the tools you need to meet the demands of everyday life and keep an even keel.

Treatment comprises a three-week stay at our clinic. Caregivers are given respite from their daily duties, in order to restore equilibrium of body, mind and soul. During this time, relatives in need of care are looked after professionally in a short-term care facility.

cts
Klinik
Korbmattfelsenhof
Baden-Baden



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Dr. Franz Dengler Clinic

CLINIC FOR PREVENTIVE CARE, REHABILITATION AND POST-HOSPITAL CONVALESCENCE/REHAB

“Health is quality of life” – for well over 100 years Dr. Franz Dengler Clinic has made this philosophy its guiding principle. This is clearly reflected in the way the complex combines the expertise of a modern clinic with the ambience of a hotel. Guests and patients from all over the world have access to an expert medical team presiding over the clinic’s speciality areas of orthopaedics, psychosomatic medicine and internal medicine/cardiology. Erected in 1890, the stylish building is in a quiet location within Baden-Baden’s Kurpark, just a few minutes’ walk from the city centre.



PREVENTIVE CARE · CHECK-UP

- Cardiovascular check-up
- Orthopaedic check-up
- Additional services

REHABILITATION

(Stationary / Ambulant)

Internal medicine / cardiology

Cardiovascular training, sports and exercise therapy, vascular training, balneo-physical therapy, electrotherapy, psychological individual and group therapy, relaxation therapy, autogenic training, health education and training, ergometer training, dietary consultation

Orthopaedic

Orthopaedic pain therapy, physio-, ergo-, exercise and balneo-physical therapy, acupuncture, ultrasound, foot reflexology, tai chi and qi gong, kinesio taping.

Psychosomatic medicine · pain therapy

Behavioural therapy, psychodynamic therapy, group and individual therapy, relaxation therapy using progressive muscle relaxation (PMR), autogenic training and breathing combined with healing meditation, pain and stress management, grief counselling, neuro-cognitive training, acupuncture.

SPECIALITY AREAS

- Modern diagnostics
- Thermal therapy pool
- Balneo-physical therapy
- Physiotherapy
- Medical training therapy
- Psychological therapy
- Art-, sport-, and ergotherapy

INDICATION:

Internal medicine / cardiology

- Cardiovascular, circulatory and vascular system disorders, also post-surgery
- Nutritional and metabolic diseases
- Inflammatory rheumatic diseases
- General internal diseases

Orthopaedic

- All musculoskeletal disorders
- Chronic pain conditions
- Inflammatory rheumatic and degenerative mutations
- Treatment of accident and injury after-effects
- Treatment following joint replacement surgery and neurosurgical procedures of the spine
- Specialised osteology clinic

Psychosomatic medicine · pain therapy

Chronic pain syndromes with accompanying psychological factors
Secondary and concomitant diseases related to physical ailments
Adjustment disorders, depression, exhaustion, burnout
Anxiety disorders, trauma disorders
Stress-related illnesses

DR. FRANZ DENGLER CLINIC

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Doctors: 10 Therapists: 30

Single or double rooms with en suite shower or bath, WC, TV, telephone, internet connection and safe; some rooms with balcony or terrace.

Meals: menu of choice, including vegetarian and special diets; breakfast and dinner buffet.



© Daniel Wieser



Max Grundig Clinic

SPECIALIST CLINIC FOR INTERNAL MEDICINE AND PSYCHOSOMATIC MEDICINE, CHECK-UP CENTRE, RADIOLOGY CENTRE

Not far from Baden-Baden, on the Black Forest High Road on the idyllic "Bühlerhöhe", Max Grundig Clinic is a unique locations for recuperation. For 30 years we've been putting Max Grundig's vision into practice: considering each patient as a whole – a concept that sees the health of body and mind as inextricably linked.

The complex offers everything under one roof – specialist clinics for internal medicine and psychosomatic medicine, a check-up centre, university-level radiology department and an in-house laboratory. State-of-the-art technology in all departments, combined with the ambience of a first-class hotel, ensures a pleasant stay for both patients and guests. An excellent team of doctors and therapists are committed to creating personalised treatment concepts, all the while focusing on the top priority: giving your health all the time it needs.



PREVENTIVE CARE · CHECK-UPS

Risk assessment and treatment

- Metabolism and digestion
- Cardiovascular
- Hypertension
- Musculoskeletal system
- Tumours and blood diseases

TARGETED AND INDIVIDUAL CHECK-UPS

- Clinical, laboratory and by means of technical apparatus
- Basic program (1 to 2 days)
- Extended program (2 to 3 days)
- Targeted radiology and tomography programme (virtual bowel and coronary artery analysis)

REHABILITATION, ACUTE CARE

- Cardiological, oncological, gastroenterological and orthopaedic follow-up treatment for recovery after surgery or chemotherapy
- Acute internal diseases
- Psychosomatic therapy and crisis intervention in chronic stress cases

SPECIALITY AREAS

- Preventive care
- Internal primary care
- Follow-up treatments

INDICATIONS

- Rheumatology
- Cardiology / Sports Medicine
- Gastroenterology / Metabolism
- Oncology
- Diabetology
- Metabolic Syndrome
- Psychosomatic
- Radiology
- Dietetics

MAX GRUNDIG KLINIK

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Doctors: 17 Therapists: 6

87 beds
Single and double rooms, suites each with bath and/or shower, WC, telephone, TV, minibar, with or without balcony





Rehabilitation Clinic Höhenblick

SPECIALIST CLINIC FOR ORTHOPAEDICS, INTERNAL MEDICINE AND RHEUMATOLOGY

Rehabilitation Clinic Höhenblick in Baden-Baden is a specialist clinic for orthopaedics, internal medicine and rheumatology with 117 beds, 20 full-day out-patient treatment units as well as 10 units for in-patient preventative care. Located on a hill overlooking the spa town of Baden-Baden, our clinic has specialised in treating musculoskeletal complaints for over 60 years. Our goal is to work with you on improving your mobility and fitness, alleviating pain and counteracting functional impairments, with the optimal end result that you regain strength and are once more able to participate actively in life. Our wide range of treatments is aimed at supporting your body's own resources. Rehabilitation Clinic Höhenblick is part of the Rehabilitation Centres of the German Pension Insurance Fund Baden-Wuerttemberg – a non-profit company, which has its headquarters in Stuttgart. The organisation operates eight rehabilitation clinics throughout the region, each with its own area of specialisation, and with a combined overall capacity of 1,361 patients.



PREVENTATIVE CARE

- Orthopaedic check-up
- Cardiovascular check-up
- Functionality tests
- Determination of risk factors
- Nutritional advice
- Health training
- Stress management

REHABILITATION · FOLLOW-UP CARE

- In-patient and all-day out-patient rehabilitation or follow-up treatment after surgery (AHB) for orthopaedic and rheumatic diseases
- Reinforcement of successful rehabilitation through the German Pension Insurance Fund's aftercare programs, for example the Out-patient Stabilisation Program (ASP / IRENA)

INDICATIONS

- Diseases of the spine and back
- Diseases of the soft tissues
- Joint wear (arthrosis)
- Inflammatory rheumatic diseases
- Systemic diseases of the connective tissue
- Bone and cartilage diseases
- Chronic pain syndromes
- Follow-up treatment after operations of the hip, knee, shoulder or following fractures
- Follow-up spinal treatment for herniated discs, with or without previous surgery

SPECIALITY AREAS

- Pain therapy
- Diagnostics
- Exercise therapy
- Physical therapy
- Electrotherapy
- Ergotherapy
- Medical vocational-oriented rehabilitation
- Natural fango treatments
- Psychological support
- Psychological diagnostics, if necessary
- Nutritional advice with cooking studio
- Health and social counseling

REHABILITATION CLINIC HÖHENBLICK

Specialist Clinic for Orthopaedics,
Internal Medicine and Rheumatology
Leopoldstrasse 23
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Fax +49(0)7221 909-678
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www.rehaklinik-hoehenblick.de

Doctors: 9 Therapists: 30

117 beds, 20 all-day out-patient treatment places and 10 preventative care places, en suite rooms with telephone, radio, TV, WiFi, balcony available in most rooms. Children and dogs permitted.

MEALS

Our menu offers a range of options catering to individual dietary needs, including vegetarian, LOGI and easily digestible meals.





Klinikum Mittelbaden

BADEN-BADEN BÜHL

Klinikum Mittelbaden gGmbH is a regional company boasting several attractive locations. The association includes the acute hospitals Mittelbaden Clinic Baden-Baden Bühl, Rastatt-Forbach, five care facilities in the city and surrounding administrative district, two daytime care facilities, a dementia centre, an out-patient nursing service, two palliative care facilities and a hospice. Medical care centres and other subsidiaries complete the portfolio.

With around 3,250 employees Klinikum Mittelbaden gGmbH is one of the largest employers in the region. As a reliable healthcare provider, the hospital has more than 900 beds for acute in-patient care, in more than 30 specialist departments, centres and institutes.

Idyllically situated on the edge of a forest, the Baden-Baden Balg Clinic offers high-quality treatment with a wide range of medical services – guaranteeing adequate health care facilities for the region and beyond. To enable comprehensive diagnosis, the clinic is equipped with the most important large-scale medical devices. Furthermore, the clinic is the University Hospital for the University of Heidelberg. This gives our doctors the opportunity to keep up-to-date on the latest developments in medical science.

The Bühl Clinic is located on the southern outskirts of Bühl, in a beautiful location on the edge of the Black Forest, surrounded by vineyards and orchards.



KLINIKUM
MITTELBADEN

CLINICS

- Ophthalmology (in-patient ward) *Balg*
- Institute for Diagnostic and Interventional Radiology
- Clinic for General and Visceral Surgery
- Department of Gerontology *Bühl*
- Clinic for Anaesthesiology and Intensive Care
- Clinic for Gynaecology, Obstetrics and Reproductive Medicine
- Clinic for Gastroenterology and General Internal Medicine *Balg*
- Clinic for General Internal Medicine and Palliative Medicine *Bühl*
- Clinic for Haematology and Oncology *Balg*
- Clinic for Hand and Plastic Surgery *Bühl*
- Clinic for Cardiology and Angiology *Balg*
- Clinic for Paediatric and Adolescent Medicine (Perinatal Center Level 2) *Balg*
- Clinic for Orthopaedics and Traumatology
- Clinic for Urology *Balg*
- Centre for Sports Medicine *Bühl*

CENTRES

- Age Trauma Center *Bühl*
- Breast Centre *Balg*
- Colon Cancer Centre *Balg*
- Endometriosis Centre *Bühl*
- Centre for Endoprosthetics Baden-Baden *Balg*
- Interdisciplinary Lung Centre *Balg*
- Fertility Clinic *Bühl*
- Regional Trauma Centre *Balg*

KLINIKUM MITTELBADEN BADEN-BADEN BÜHL

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www.klinikum-mittelbaden.de

Clinic Bühl
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77815 Bühl
Tel. +49(0)7223 81-0
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www.klinikum-mittelbaden.de



Clinic Baden-Baden Balg



Clinic Bühl





MediClin

REHA CENTRE GERNSBACH

MediClin Rehabilitation Centre Gernsbach is located in the idyllic health resort Gernsbach – also called the pearl of the Murg Valley – on the edge of the northern Black Forest. Opened in 1998, the clinic has 276 beds and offers a wide range of treatments at two locations within Gernsbach. Both locations have single and double rooms with spacious and comfortable facilities (shower/WC, telephone, safe, TV, some rooms with balcony). Enjoy the friendly ambience of our clinic with its excellent gastronomy, numerous leisure and sports activities, an indoor swimming pool and the wonderful climate of the northern Black Forest.

A particular strength of our clinic is the interdisciplinary exchange between the specialist departments. The focus of our work is always on our patients – their individual illness and their physical and mental needs.



PREVENTIVE CARE · CHECK-UPS

- Cardiovascular check-up
- Orthopaedic check-up
- Functionality tests
- Health training
- Determination of risk factors

MEDICAL REHABILITATION SERVICES

- Follow-up treatment (AHB)
- Follow-up rehabilitation (AR)
- Treatment procedures eligible for reimbursement
- Individual and all-inclusive treatments available to self-paying patients
- Out-patient rehabilitation

SPECIALTY CLINICS

- Specialty clinic for internal medicine and cardiology
- Specialty clinic for Orthopaedics
- Specialty clinic for neurological early rehabilitation (Phase B)
- Specialty clinic for neurology (Phase C and D)
- Specialty clinic for geriatric rehabilitation

Centre for Heart Failure Treatment
Out-patient Therapy Centre

SPECIALITIES

- Rehabilitation after cardiac surgery
- All cardiovascular diseases
- Care of patients with wound healing disorders / wound consultancy
- Condition after orthopaedic, traumatological and neurosurgical interventions
- Degenerative and rheumatic locomotor disorders
- Osteoporosis
- Amputations
- Brain damage after stroke or cerebral haemorrhage
- Treatment of ventilator patients
- Inflammatory diseases of the central nervous system
- Parkinson's disease
- Treatment of elderly patients with orthopaedic, internal and neurological diseases

CERTIFICATIONS

- DIN EN ISO 9001:2015
- EQR (IQMP-Reha)
- Bundesverband Geriatrie (German Geriatric Association)

MEDICLIN REHA CENTRE GERNSBACH

Langer Weg facility:
Tel. +49(0)7224 992-0
Fax +49(0)7224 992-430
info.gernsbach@mediclin.de
www.reha-zentrum-gernsbach.de

MEALS:

- Lunch of your choice
- Low-calorie cuisine
- Breakfast and dinner buffet

Double rooms: 49
Single rooms: 178
Doctors: 28
Therapists: 56
Nurses: 120





Medical Care

DESTINATION SPA VILLA STEPHANIE

The history of humankind can be summed up with a single timeless phrase: Health is the most precious commodity. Indeed, health in all its facets is more deeply treasured today than ever before – with the focus increasingly placed on wellness and wellbeing, the interplay of body and soul, the achievement of life goals and the development of personality.

The Brenners Park-Hotel & Spa – a pioneer of the spa movement in Europe – has always been closely linked to Baden-Baden’s historic legacy. The hotel’s own destination spa, Villa Stéphanie, located in close proximity to the hotel, offers a holistic health concept, which reflects impressively the experience and core competence of the house in the fields of spa and medicine. The villa is idyllically set amongst the magnificent nature of an enchanting private park, right on world-renowned Lichtentaler Allee, at the heart of Baden-Baden.

Directly connected to the Villa Stéphanie, “Haus Julius” serves as an extension of the Brenners Complex and carries on the tradition of the former medical centre once located on its premises. Today, the 1,700 square metre property is dedicated to meeting the medical needs of Brenners’ guests. Here, expert physicians in the fields of general medicine, health check-ups, dentistry, medical aesthetics, gynecology and physiotherapy practice side by side. The team from Medical Care work closely with the country’s most prestigious hospitals and clinics in order to ensure comprehensive preventive check-ups and thorough follow-up treatments.



BRENNERS PHYSIOTHERAPY

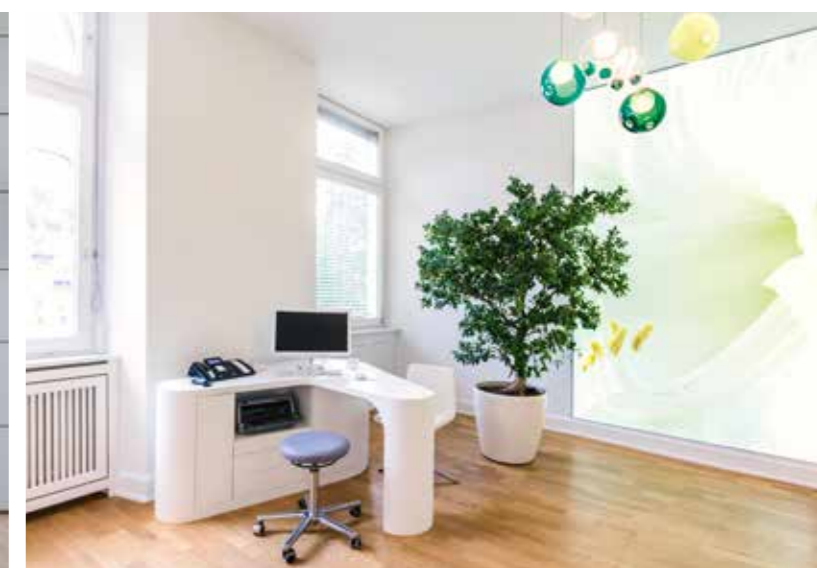
- Personalised physiotherapy
- Multifaceted offer encompassing physiotherapy, osteopathy and medical training therapy
- Close cooperation with Medical Care partners
- 365-day, year-round care

Medical Care oversees a network of experts in: internal medicine, cardiology, sonography, sports medicine, rheumatology and naturopathy, physical and rehabilitative medicine, preventive medicine, gynaecology and obstetrics, conservative and operative ophthalmology, medical aesthetics, dentistry (with specialisation in implants and prosthetics), nutrition consultants, physiotherapists, gymnasts and sports scientists.

BRENNERS PARK-HOTEL & SPA

Schillerstrasse 4/6, 76530 Baden-Baden
Tel. +49(0)7221 900-0
Fax +49(0)7221 38772
information.brenners@oetkercollection.com
www.brenners.com

Total of 104 rooms and suites in the main hotel and in Villa Stéphanie





Natural medicine from Baden-Baden

BIOLOGISCHE HEILMITTEL HEEL



At Heel, health and quality of life are at the core of everything we do. This includes promoting a healthy lifestyle as well as a sustainable therapeutic approach.

There are many ways to cope with illness. Heel remedies focus on the body's ability to self-regulate. They activate the body's own recovery mechanism instead of suppressing the symptoms of the disease. This way patients benefit from a safe and sustainable therapeutic approach. Among Heel's most well-known medicines are Traumeel, Neurexan, Vertigoheel, Zeel, Engystol, Euphorbium, Spascupreel, Lymphomyosot and Viburcol.

PIONEERS IN NATURAL MEDICINE RESEARCH

Millions of patients, physicians and medical professionals around the world trust Heel's natural medicines. Using state-of-the-art technologies and methods, the company performs extensive research into how these remedies impact the body in terms of effect and safety. The company constantly breaks new ground with its scientific approach and sets new standards in natural medicine research. Heel's ventures are pioneering. It employs cutting-edge technologies and methods in its research work.

QUALITY YOU CAN RELY ON

Heel medications contribute to the sustainable recovery of patients in more than 50 countries worldwide. These medicines are manufactured in line with the highest quality standards at the company's headquarters in Baden-Baden. Thus, patients around the world can rely on the high quality, efficacy and safety of Heel medicines. Heel manufactures in compliance with the highest pharmaceutical standards, thus ensuring the high quality of its medicinal products.

Every step of the manufacturing process - from harvesting the raw materials to the finished remedy - is also continuously monitored and documented.

INCENTIVES FOR MORE HEALTH

Heel's commitment to improving health goes beyond the development and production of medicines. The company wants to encourage people to actively do something for their health. To this end, Heel offers a variety of health services and incentives. For example, the annual Heel Run, held in Baden-Baden, is one of the most popular races in the region, inspiring numerous athletes of all ages to come to Baden-Baden and actively do something for their fitness and health.

With activities such as the Heel Run, the company offers incentives for more fitness and health (more information on the Heel Run at www.lauf.heel.de).

BIOLOGISCHE HEILMITTEL HEEL GMBH

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76532 Baden-Baden
www.heel.com, www.heel.de

